

Skill Set (1)

Goal: Horse and rider should feel & have rhythm and suppleness

1. Walk
 - a. Straight Line
 - b. 20M Circle
 - c. Yin Yang
 - d. 10M Circle
2. Walk/Halt transitions
3. Lateral Flexion
 - a. Inside outside rein
 - b. Inside/outside leg
 - c. Leg yield
4. Walk transitions
 - a. Free Walk
 - b. Working Walk
 - c. Collected Walk
 - d. Half Halt

Skill Set (2)

Goal: Horse and rider should feel & have rhythm and suppleness and horse should be offering good contact and impulsion.

1. Knowledge & Execution of each Jog
 - a. Free Jog
 - b. Working Jog
 - c. Collected Jog
2. At the Jog
 - a. 20M Circle
 - b. 10M Circle
 - c. Yin Yang
 - d. Long trot figure 8 w/inside Leg Yield
3. Jog Transitions
4. Halt/Rein Back
5. Walk/Halt - Jog/Walk/Halt Transitions
6. Serpentine - 15M

Skill Set (3)

Goal: Horse and rider should feel & have rhythm and suppleness and horse should be offering good contact, impulsion and straightness.

1. Turn on the forehand
2. Haunches In (3 track)
3. Turn on the Haunches
4. Shoulder In (3 track)
5. At the Walk
 - a. Leg Yield on a diagonal
6. At the trot
 - a. Haunches In against wall
 - b. Shoulder In against wall
7. At the Jog
 - a. Leg Yield on a diagonal
8. Circle 8 to loosen horses up